

First Metaphysical Church
May 2024 Newsletter



STOP BY THIS SATURDAY!

MAY 4, 2024

11 AM-5 PM

CHURCH HARMONY HALL





Healing Service 6pm Regular Service 6:30pm

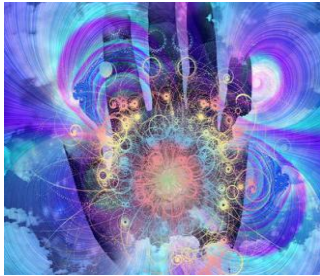
<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
Stone: Emerald, Carnelian Animal: Beaver, Elk Flower: Lily of the Valley Zodiac sign: Taurus			1 <i>May Day</i> <i>What is an Empath?</i> 6-8pm	2 <i>Meditation</i> 7-9pm Set up	3 Set up	4 Garage Sale 11-5
5 <i>Church Clean Up</i> 10am-4pm	6	7	8 <i>What is an Empath?</i> 6-8pm New Moon	9 <i>Meditation</i> 7-9pm	10 <i>Fair Setup</i> 4-8pm	11 <i>Psychic Fair</i> 11-6pm
12	13	14	15 <i>What is an Empath?</i> 6-8pm	16 <i>Meditation</i> 7-9pm	17	18
19 <i>Shamanic Journey</i> 12-2pm <i>Board Meeting</i> 3-5pm	20	21	22 <i>What is an Empath?</i> 6-8pm	23 <i>Meditation</i> 7-9pm Full Moon	24 <i>Pagen Roundtable</i> 7 pm	25 <i>Reiki I and II Certification</i> 11am-4pm \$30
26 <i>Reiki I and II Certification</i> 11am-2pm <i>Potluck</i> 4pm <i>Drumming</i> 5pm	27 <i>Memorial Day</i>	28	29 <i>What is an Empath?</i> 6-8pm	30 <i>Meditation</i> 7-9pm	31 <i>New Book Club</i> 6-7pm	



Meditation

Every Thursday, May 2, 9, 16, 23, and 30, 2024 7:00 to 9pm

Our weekly meditation class is back! Every Thursday from 7:00 – 9 pm. The intention is to deepen our experience with the practice of meditation. Join us for a relaxing way to de-stress from daily pressures and commune with your spirit guides. Cost: Love Contribution.



Psychic Fair

Saturday, May 11, 2024 11am to 6pm

FMC is home to the longest continuing monthly psychic fair in SE Michigan! We have a number of excellent tarot readers, mediums, healers, and a variety of artisans with a wide assortment of handcrafted items including, jewelry, soaps, lotions and potions, incense, crystals and gemstones, and singing bowls. Cost: \$5



What is an Empath?

**Wednesday, May 1, 8, 15, 22, and 29
6-8pm**

This seven (7) week class will teach people what it is to be an Empath. Are you an Empath and what are the traits that you have? You will also learn how to cope with being a highly sensitive person and how to set boundaries between you and others. Weekly dates are Wednesdays, 6pm to 8pm, April 17th, 24th, May 1st, 8th, 15th, 22nd and 29th. Class instructor is Reverend Bobbie-Jo Rutterbush. Cost is \$5 contribution.



Shamanic Journeying

Sunday, May 19, 2024 12 noon to 2pm

Location at FMC. Bring the following: drums, rattles, sacred objects, comfortable shoes or slippers, and singing bowls. We plan to be in ceremony entire time. Cost: Love contribution.



Board Meeting

Board Meeting

Sunday, May 19, 2024 3 to 5pm

All members are welcome to observe the working of our Board and share your ideas on how we can better serve you. Minutes from the Board of Directors meetings are available to all members of the Congregation and can be picked up at any of our Sunday services.



Pagan Roundtable North

Friday, May 24, 2024 7:00pm

Pagan Roundtable North will be discussing Comparative Paganism and Finding your own Path. Everyone is welcome. As always coffee, tea and snacks are provided.

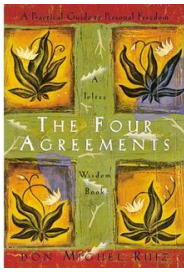


Reiki I and II Certifications

Saturday, May 25, 2024 11am-4pm

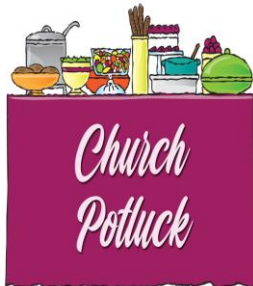
Sunday, May 26, 2024 11am-2pm

Reiki is a holistic approach to healing mind, body and spirit. You will learn a healing technique based on the principle that you can channel energy into the patient by means of touch, activating the natural healing processes of the patient's body and restoring physical and emotional well-being.



New Book Club
First meeting is Friday, May 31st, 2024
6-7pm COST: \$5

The first book that will be discussed is *The Four Agreements* by Don Miguel Ruiz



Potluck Dinner
Sunday, May 26, 2024 4-6pm
Drumming 5-6pm

Join us for our usual last Sunday of the month potluck and drumming circle. All are welcome; bring any instruments you may have.

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Reiki Master Certification
Saturday, June 15th, 2024
1-4pm COST: \$35

Reiki is an energy healing technique in which a Reiki master uses gentle hand movements with the intention to guide the flow of healthy energy through the client's body to reduce stress and promote healing. The Reiki Master is considered the teacher's level and Masters are able to walk away and attune new Reiki practitioners.

First Metaphysical Church
Presents the



Hippie Gypsy Fair!

August 10, 2024

11am – 6pm

8267 E. Atherton Rd. Davison, Mi 48423

Psychics, mediums, bone readers, psychometry reader, tarot reader,
Rune reader, Live entertainment, workshops, sound bath,
drumming Circle bring your drums, Hippie, gypsy vendors.

Come and enjoy a peaceful relaxed Hippie Gypsy Day!

**Please see Reverend Bobbi-Jo Rutterbush for information on
reserving a vendor or reader spot.**

810-880-9281

FMC Board of Directors of 2024

Head Minister...Reverend Heidi Phaneu FB or 810-444-2202

President...Reverend Sherry Pickett FB or 810-964-7535

Vice President...Ann Nedela F or 810-653-7082

Trustees...Mark Flowers 810-358-9144

Jon Torrey FB or 231-329-9805

Phil Joslin FB or 248-636-8138

Jack Mercer FB

Phone numbers for FMC Ministers

Head Minister Reverend Heidi Phaneuf 810-444-2202

Reverend Kelly Bailey 989-878-3081

Reverend Jeannie Genaw 810-407-0859

Reverend Jessica Guibord 248-514-0032

Reverend Nicky Highlen 248-240-1864

Reverend Cathy Jones 989-445-0398 (prefers texts only)

Reverend Linda Kinard 810-652-3554

Reverend Beverly LaJoie 989-325-0673

Reverend Connie Lundy 248-627-2841

Reverend Bobbie Jo Rutterbush 810-880-9281

Reverend Bonnie/Reverend Gary Neighorn 810-516-2050

Reverend Sherry Pickett 810-964-7535

Reverend Carol Richardson 810-630-1172

Reverend Bob Wahl 810-423-0759

Reverend Jim Walker 734-377-1652



May Birthdays at FMC

Boe Harkans May 1
Tessa Piontek May 2
Johnny Dayonot 3
Kristen Young 3
Little Flower Jones 11
Dawn Angle 14
Rev. Jim Walker May 16
Trisha King 16
Teri Henderson May 24
David Collie 28
Patricia de Sisalima May 31
Marisa Griving 31

FIRST METAPHYSICAL CHURCH

8267 E ATHERTON ROAD

DAVISON, MI 48423

(810) 653-3291

www.firstmetaphysical.org

Facebook: First Metaphysical Church

We are an Inter-faith organization, and we honor the truth in all religions. We accept people of all faiths and invite everyone to join us in our spiritual journeys. It doesn't matter by what name you call your God or Goddess; it's what's in your heart that counts. Your own individual path to spiritual growth is always accepted in this church without judgment as long as you harm no one. We believe in the Divinity of each person and the sacredness of nature.

Harmony Hall rental: Seats 75 people

Please call for information: 810-653-3291